

WHERE TO CHECK FOR TICKS

Head and hair

Back of neck

When you return from outdoor activities, check your body!

Inside and around ears

Back (use a mirror or ask for help)

Armpits

Belly button

Waist

Don't forget to also check your pets

Legs and behind the knees

Ankles

Between the toes

Feel for bumps and look for small spots all around your body with particular attention to these areas.



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