

Harm Reduction After Hours

HRAH

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Paulette Martin, RN BSN

Healthy People, Healthy Saskatchewan

The Saskatchewan Health Authority works in the spirit of truth and reconciliation, acknowledging Saskatchewan as the traditional territory of First Nations and Métis People.



Vision, Mission, Values and Philosophy of Care

VISION

Healthy People, Healthy Saskatchewan

MISSION

We work together to improve health and well-being. Every day. For everyone.

VALUES

SAFETY: *Be aware.* Commit to physical, psychological, social, cultural and environmental safety. Every day. For everyone.

ACCOUNTABILITY: *Be responsible.* Own each action and decision. Be transparent and have courage to speak up.

RESPECT: *Be kind.* Honour diversity with dignity and empathy. Value each person as an individual.

COLLABORATION: *Be better together.* Include and acknowledge the contributions of employees, physicians, patients, families and partners.

COMPASSION: *Be caring.* Practice empathy. Listen actively to understand each other's experiences.

PHILOSOPHY OF CARE: Our commitment to a philosophy of Patient and Family Centred Care is at the heart of everything we do and provides the foundation of our values.



Land Acknowledgement

I would like to acknowledge the land on which we stand here today is the traditional land of the Huron-Wendat (Wendake-Nionwentsio) Nations.

Funding

We would like to acknowledge the funding for the Harm Reduction After Hours project was provided by a grant from the Public Health Agency of Canada.

Disclaimer: The views expressed herein do not necessarily represent the views of the Public Health Agency of Canada.

Prince Albert, Saskatchewan



Harm Reduction After Hours.

Stand alone harm
reduction services (2018).

- Needle exchange program had limited hours from 08:30 am to 16:30 pm.
- Operated Monday to Friday.
- Fixed location.
- The program was driven by health authority policy/work standards.
- No Peer involvement.
- Missing opportunity to provide Harm Reduction services to a group of people not accessing services for various reasons.

HRAH

Initial Design

- Develop an outreach program to help address the issues of sexually transmitted diseases such as HIV and Hepatitis C.
- Provide harm reduction supplies and education to high risk populations
- Program facilitated by Peers connected to the community and have personal experience with using injectable equipment/harm reduction supplies.

Birth of HRAH.

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- Formed a focus group of peers with lived experience. Meetings occurred through out the duration of the project.
- Provide mobile secondary exchange.
- Hire Peers who currently or have used injectable drugs and personally practicing harm reduction.
- Provide an extra 36 hours of harm reduction services Monday through Sunday (weather permitting).
- Peer focus group designed the program/rules of conduct etc.

HRAH Mission Statement

Bringing home wounded warriors thru empowerment and honour. The HRAH (Harm Reduction After Hours) team will do so through the promotions of safer drug use and invitations /healthy living programs for the urban people of Prince Albert and by doing so it will enrich lives and health through teamwork and continuous support.

HRAH Peers.

-Recruitment: Posters in HR sites, word of mouth, focus group members.

-Paid a wage.

-Training on: services available at sexual clinic, HIV, Hepatitis C, Safe drug use (including cook your wash), Naloxone training, risk reduction strategies, current information on treatment, and community referrals.

-Peers signed project and privacy agreements.

-Peers provided input: hours of work, weekend/stat holidays, weather conditions (when they go out or not), needle packaging, routes (where and when).

HRAH

Meat and potatoes.

- 5 peers hired/ 1 coordinator.
- Schedules provided/developed with input from Peers.
- HRAH photo ID badge.
- Police informed of HRAH Peers/program. Also received copy of photo ID for each Peer.
- Monthly bus pass or equivalent in gas if they drove.
- Meal cards (\$20) for each shift worked.
- Summer/winter clothing and footwear provided.
- Worked in pairs of two for safety reasons.

Backpack and supplies.



HRAH

Wins

-284,281 needles distributed.

-73,310 needles returned.

-6,554 needles picked up in the city of Prince Albert.

-12,422 inhalations pipes distributed.

-735 referrals made.

-15,498 client contacts.

HRAH Challenges

- Finding/maintain Peers.
- COVID- No HRAH services April – May 2020 and 3 weeks in November, 2021.
- Extreme cold/heat days.
- Coordinator had to make up harm reduction supply kits.

Client survey

August 3 to 19, 2022

- 96 surveys completed.
- 54.2% used HRAH services daily.
- 20.7% used HRAH services every second day.
- 86.9% clients stopped sharing needs/equipment due to HRAH services.
- 70.8% stopped sharing meth/crack pipes.
- 93.8% educated on how to use safely from HRAH Peers.
- 88.5% educated about cooking their wash.
- 94.8 % received information on Access Place (sexual health clinic in PA).
- 85.4% received information on HIV.
- 83.3% received information on Hepatitis C.

Currently what we have now.



Questions