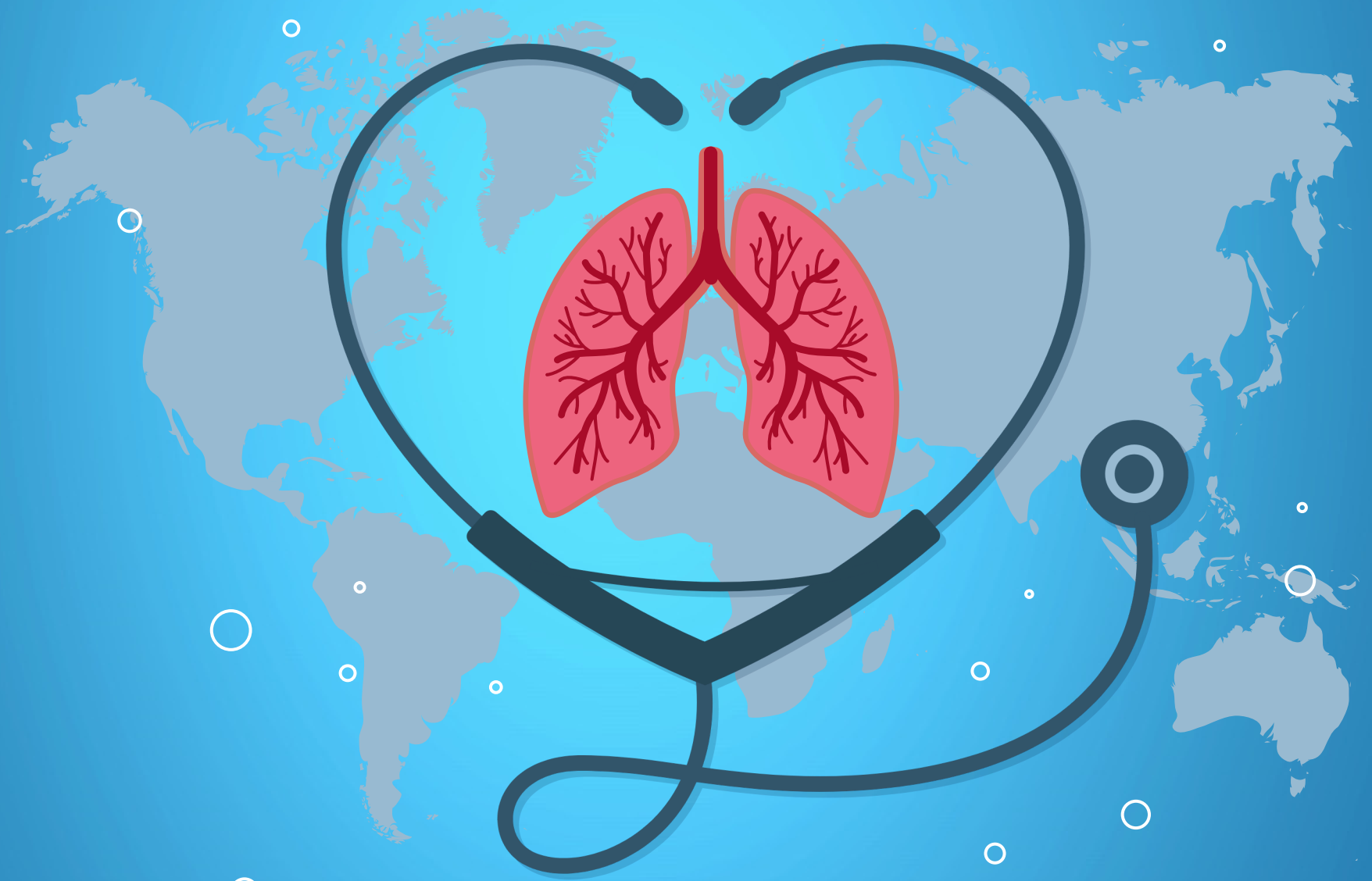


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Let's raise worldwide
awareness of hepatitis

**Because hepatitis
can't wait**



28 JULY, 2022

**WORLD
HEPATITIS DAY**

#WorldHepatitisDay

Hepatitis C

What you should know



What is Hepatitis C?

Hepatitis C is an infection in the liver. If untreated, it can be life-threatening.



Can it be cured?

Treatment cures over 95% of people with hepatitis C.



How does it spread?



Used or shared needles, syringes or lancets



Re-using one-time use medical equipment or unsterile instruments



Sharing care items like toothbrushes or razors



Sex



Parent to child during pregnancy or childbirth

What are the symptoms?



No symptoms



Stomach pain



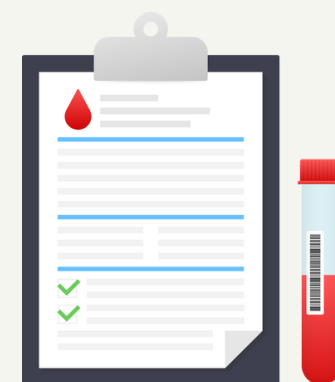
Vomiting



Yellow eyes or skin

How do I know if I have Hepatitis C?

You can have hepatitis C and not know it. **The only way to know if you have hepatitis C is to get tested.**



There is no vaccine to prevent Hepatitis C infection, and no one is immune to Hepatitis C.

Even if you have had hepatitis C before, you can get it again if the virus gets into your blood. You will need to be treated again if your body does not clear the virus on its own.

Hepatitis C



What is Hepatitis C?

Hepatitis C is an infection in the liver. Untreated, it can cause serious health problems, like cirrhosis (liver scarring) or liver cancer.

How does it spread?

Hepatitis C is passed blood to blood. The hepatitis C virus gets into the blood through breaks in the skin or in the lining of the nose and mouth. Hepatitis C is a strong virus: it can survive in a tiny drop of blood that is too small to see and can live outside of the body for many days. In certain conditions, such as inside a syringe, the virus can survive for many weeks. This means dried blood can also pass the virus.

What are the symptoms?

An infected person's symptoms may include stomach pain, vomiting or yellow eyes or skin. Most people will not know they have become infected, unless they get tested.

How do I know if I have Hepatitis C?

You can have hepatitis C for many years without having symptoms or feeling sick, even though the virus may be injuring your liver. The only way to know if you have hepatitis C is to get tested. Knowing if you have hepatitis C early and getting cured means there is less time for your liver to become injured by the hepatitis C virus.

Should I get tested?

If you answer "yes" to any of these questions, you should get tested for hepatitis C.

- Did you receive a notification letter about possible hepatitis C exposure and the need to get tested?
- Have you used injection drugs and shared drug supplies with a person who has hepatitis C?
- Did you receive donated blood or organs before 1992?
- Does your mom have hepatitis C?
- Have you had sex with a person who has hepatitis C?
- Have you shared care items like razors, toothbrushes, nail clippers, tweezers or floss with a person who has hepatitis C?
- Did you get a tattoo from an unregulated source, like in prison or from a friend?
- Do you have concerns about a healthcare procedure you received, like an injection or blood draw?

People born between 1945 and 1965 are five times more likely to have hepatitis C. If you were born in this time period, talk to your doctor about getting tested.

How do I get tested?

If you received a letter about the need to get tested for hepatitis C, follow the directions in the letter. Otherwise, ask your healthcare provider if you should get tested for hepatitis C.

Can Hepatitis C be cured?

Treatment cures over 95% of people with Hepatitis C.

What do I do if I have hepatitis C?

If you have hepatitis C, talk to your nurse or doctor about your treatment options.

- Treatment comes in pill form, has few side effects and is usually taken for eight or 12 weeks.

Getting cured of hepatitis C has many benefits:

- It can prevent your liver from becoming more injured. Treatment also prevents liver failure and reduces your chances of developing liver cancer or dying.
- It can improve your liver health over time.
- It can improve your quality of life. For example, some people have more energy, better sleep and less body pain after they are cured.

There is no vaccine to prevent hepatitis C infection, and no one is immune to Hepatitis C. Even if you have had hepatitis C before, you can get it again if the virus gets into your blood. You will need to be treated again if your body does not clear the virus on its own.