



# PUBLIC SERVICE ANNOUNCEMENT



DATE: 1-Mar-22: 07h45

## **Northern Medical Health Officers Rescind Precautionary Travel Advisory for Northern Saskatchewan Residents**

Northern Medical Health Officers for the Athabasca Health Authority and the Northern Inter-Tribal Health Authority have rescinded a precautionary travel advisory regarding non-essential travel outside their communities.

The initial advisory as issued on January 13, 2022 following an increased number of COVID-19 cases in the north which are driven by the highly contagious Omicron variant. Many of these cases were linked to travel outside northern communities – to areas in the south, and out-of-province.

While the travel advisory has been rescinded, the northern Medical Health Officers for the Athabasca Health Authority and the Northern Inter-Tribal Health Authority continue to advise residents to take precautions to protect themselves and others from COVID-19. This includes proper hand hygiene, physical distancing, avoiding large gatherings, and wearing a mask when physical distancing is not possible.

**How to avoid getting sick:** Being fully vaccinated against COVID-19 and getting a booster dose protects against severe outcomes including hospitalizations and deaths; avoid gatherings and keep your bubble small; wear a well-fitting mask as deemed appropriate especially in public places; physically distance from others when in public; wash your hands often with soap and water; if soap and water are not available, use an alcohol based hand sanitizer; avoid touching your eyes, nose and mouth with unwashed hands; and test yourself regularly using rapid antigen tests which are freely available across northern communities.

For more information about COVID-19 visit: <https://www.saskatchewan.ca/COVID-19>

-30-

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