

# PREVENT OMICRON TRANSMISSION



Omicron variant has been reported in NITHA Partner communities. All community residents should take available measures to protect and prevent further transmission.



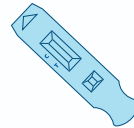
## Vaccination

Get fully vaccinated and receive your booster/third dose as soon as you are eligible



## Wearing a mask

Wear the best mask possible whenever you are outside your home



## Rapid Testing

Use rapid tests for asymptomatic screening and seek a PCR test immediately if you have symptoms



## Limit Contacts

Limit your contacts and any non-essential travel



## Social Distance

Socializing outdoors is better than indoors and take steps to improve indoor ventilation



## Stay Home

Stay home if you are sick

Omicron symptoms are presenting more cold-like than previous COVID-19 variants: runny nose, sore throat, sneezing and fatigue. Do not assume your symptoms are the common cold. If you find yourself with any cold or flu-like symptoms, self-isolate at home and use the COVID-19 testing options available to you.