



# Northern Inter-Tribal Health Authority Inc.



## PUBLIC SERVICE ANNOUNCEMENT:

### COVID-19 Outbreak Declaration for Cumberland House Cree Nation

**September 3, 2021 12:00HRS**

COVID-19, and its variants, are still present in Saskatchewan. Persons infected with or exposed to COVID-19 should take all precautions as advised by Public Health and take all reasonable measures to significantly reduce the risk of infecting others. Following public health guidance is particularly important for those who are unvaccinated, or have received only one dose of COVID vaccine.

Northern Inter-Tribal Health Authority (NITHA) public health officials have declared an outbreak of coronavirus (COVID-19) in the community of Cumberland House Cree Nation following an increasing number of confirmed cases linked to two separate events held on August 28<sup>th</sup>, 2021 at the following locations where a person or persons attended while infectious:

- **Senator Pierre Settee Memorial Hall**
  - Aug 28, 2021 – 9:00 pm to 11:30 pm
- **JB Settee Memorial Arena**
  - August 28, 2021 – 9:00 pm to 2:20 am

**As per [Disease Control Regulations](#), all individuals in attendance during this date and time should:**

- Immediately self-isolate and remain on isolation until **September 11, 2021**
- Seek testing for COVID-19 immediately, and again on **September 7, 2021**

**Exception:** If you have received two doses of COVID-19 vaccine, and the second dose was received on or **August 13, 2021**, you do not need to self-isolate but:

- Self-monitor for symptoms of COVID-19 until **September 11, 2021**
- If symptoms develop, start self-isolating immediately and seek testing
- If you need to check your vaccination status, please access [MySaskHealthRecord](#).

Self-isolation means you need to stay home, avoid contact with anyone who is not fully vaccinated (individuals who are considered fully vaccinated have received two doses of vaccine and are at least two weeks past their second dose), and stay away from work, school, stores, social events and any other public setting.

Call HealthLine 811, your physician or nurse practitioner if you develop symptoms; you may develop symptoms from two to 14 days following exposure to the virus that causes COVID-19. For more information on self-monitoring and self-isolation, visit [saskatchewan.ca/COVID19](https://saskatchewan.ca/COVID19)

## **Protect Yourself Today!**

NITHA is strongly encouraging all northern residents 12 years of age and older to be immunized with both doses. COVID -19 variants are continuing to develop and spread, and are more transmissible than the initial COVID-19 virus. Vaccines are proving to be effective in protecting individuals from serious illness against these variants, and high vaccination rates in our province will help curb the spread.

Visit your local health clinic to be immunized.

Finish the fight – and get immunized today!

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