

# CURRENT PROVINCE-WIDE GUIDANCE FOR GATHERINGS/EVENTS

in First Nations Communities during COVID-19

Effective: June 20, 2021



## Before considering attending a gathering or event, ASK YOURSELF:

- 1) Is the event absolutely necessary?
- 2) Can the event be recorded or live-streamed to reduce in-person numbers?
- 3) Should the event be postponed until it is safe enough to hold the event?



## STAY HOME IF YOU ARE:

- feeling unwell or are immunocompromised.
- have been in close contact with someone confirmed with COVID-19 in the last 14 days whether you have symptoms or not.

### Private Indoor Gatherings



Limited to 15 or fewer people (including household members).  
Exceptions: Caregivers, support personnel, maintenance and repair.

### Public Indoor Gatherings



- All indoor public event venues, conferences, weddings and funeral receptions, and banquet facilities will be limited to 150 people. Masks are required along with social distancing.
- **Food and drink may be served if:**
  - a) there is a designated area away from the actual event; **and**
  - b) the food or drink is only consumed in that designated area; **and**
  - c) the food or drink can only be consumed while seated.

### Outdoor Gatherings



Outdoor gatherings (private & public) is limited to maximum 150 people (with the ability to maintain physical distancing between individuals not from the same household).

### Long-Term Care and Personal Care Homes



Special care homes and personal care homes may allow four visitors indoors and nine visitors outdoors. Visitors will be allowed for both vaccinated and unvaccinated residents. All residents and visitors must continue with precautionary protective measures (masking, physical distancing, hand hygiene etc.)

### Restaurants & Licensed Establishments, Performance & Gaming Venues



- There is no limit on table capacity, however, two metres of physical distancing must be maintained between tables or a structural barrier must be in place between tables when two metres of distance is not possible.
- Dance floors and buffets remain prohibited.
- Resumption of a video lottery terminal (VLT) activity.
- No alcohol sales after 10 p.m in licensed establishments.
- Casinos and bingo halls can open with a maximum capacity of 150 people, but food service is not allowed.
- Capacity will be restricted to 150 people at all arenas, live theatres, movie theatres, performing arts venues and any other facilities.
- **Food and drink may be served if:**
  - a) there is a designated area away from the actual event; **and**
  - b) the food or drink is only consumed in that designated area; **and**
  - c) the food or drink can only be consumed while seated.

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## Sport, Fitness and Dance



- No ill participants, Screening should take place.
- Public outdoor gatherings are set to expand to a limit of 150 people.
- No inter provincial travel.
- League play, tournaments, and competitions held indoors are not permitted. Tournaments and competitions held outdoors are not permitted. For greater certainty, league play held outdoors is permitted.
- No sharing of equipment.
- No high fives or hand shakes,.
- Indoor play spaces are permitted; however, increased cleaning and disinfection are required.
- Masks are not mandatory outdoors, but recommended.
- Keep contact information for participants for 30 days.
- Structured indoor extracurricular sports activities and programs can continue to operate in groups of eight (aged 18 and under must be supervised by an adult). Outdoor sports and activities are allowed.
- Coaches, officials, umpires, referees and players who are not on the field are not required to wear masks outdoors under the public health order. However, masks may be worn if they are more comfortable with that layer of protection.
- When participating in any indoor sport or activity, contact must be avoided.
- **Food and drink may be served if:**
  - a) there is a designated area away from the actual event; **and**
  - b) the food or drink is only consumed in that designated area; **and**
  - c) the food or drink can only be consumed while seated.

## Places of Worship



- The total number of people participating in the services cannot exceed 30% of capacity or up to 150 people.
- When possible, it's recommended that services are delivered online (via Zoom, YouTube, etc.).
- **Food and drink may be served if:**
  - a) there is a designated area away from the actual event; **and**
  - b) the food or drink is only consumed in that designated area; **and**
  - c) the food or drink can only be consumed while seated.

## Gyms and Fitness Facilities



- All gyms must maintain an occupancy level that allows staff and customers to maintain three metres physical distance.
- Group fitness classes involving high intensity aerobic or physical training (e.g. aerobics, Zumba, spin) can be offered if three metres of physical distancing can be maintained at all times.

## Malls and Retail



- Effective June 20, 2021, there are no capacity limits for retail and mall. An occupancy level must be maintained that allows staff and customers to maintain two metres of physical distance.

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(continued from page 2)

## Before considering attending a gathering or event, ASK YOURSELF:

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- 3) Should the event be postponed until it is safe enough to hold the event?



## STAY HOME IF YOU ARE:

- feeling unwell or are immunocompromised.
- have been in close contact with someone confirmed with COVID-19 in the last 14 days whether you have symptoms or not.

## If you are attending a gathering or event:

- Wear a mask.
- Practice social distancing to minimize close contact. (e.g., no hand shaking or hugging)
- No sharing or passing of items like sweetgrass or cigarettes.
- Maintain at least 2 meters (6 feet) distance from others.
- Practice good cough etiquette and hand hygiene.
- Leave if there are too many people to socially distance or if people aren't using masks.

## If you are the organizer:

- Keep the length of the gathering short.
- Stay informed about the local COVID-19 situation and maintain a registration list of those attending.
- Consider using a digital thermometer to check temperatures.
- Ensure that multi touch surfaces are sanitized frequently.
- All events/venues require physical distancing, attendee logs, masking and hand sanitizer.
- Items are not to be passed between attendees.
- Display signage at event entry, bathrooms, and food preparation areas to support good cough etiquette and hand hygiene.
- Ensure there is adequate equipment and/or facilities to support good hygiene practices such as soap and water and/or hand sanitizer, paper towels and tissues.
- Ensure objects are not shared or passed between people (ie. Religious objects, cigarettes, lighters etc)
- Ensure there are supplies to enable regular sanitizing of surfaces.
- Increase the frequency of sanitizing common areas.



### The goals of this guidance are:

- to protect people attending gatherings from COVID-19 infection; and to reduce non critical gatherings of people not in the same household bubble.
- to reduce community transmission and introductions of COVID-19 into new communities.



# Northern Inter-Tribal Health Authority Inc.



## Participant Attendance List

Name of Event: \_\_\_\_\_

Date of Event \_\_\_\_\_

	Last Name	First Name	Phone Contact	Community of Resident
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Please fax completed list to NITHA Public Health at (306) 953-5020

Mailing Address: Box #787, 2300 – 10<sup>th</sup> Avenue West, PBCN Office Complex- Main Floor  
Chief Joseph Custer Reserve #201 – Prince Albert, SK S6V 6Z1, Canada  
Telephone: (306) 953-5000 Fax: (306) 953-5010