Does your mask fit properly?

The way your mask fits can help protect you and others from COVID-19

- Choose a mask made of multiple layers, including at least 2 layers of tightly woven fabric and a third middle layer of filter-type fabric.

- Wash your hands with soap and water for at least 20 seconds. If soap and water aren't available, use a hand sanitizer containing at least 60% alcohol.

1 **Fit is important. Make sure your mask completely covers your nose, mouth and chin.**

2 **Check for gaps between your face and your mask.**

Check the top, sides and bottom of your mask.

Check the edges of your mask for air leaks and adjust if necessary.

3 **Adjust your mask so that it fits snugly.**

Adjust the ties or ear loops.

Adjust the wire nose piece if your mask has one.

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