



# Northern Inter-Tribal Health Authority Inc.



## PUBLIC SERVICE ANNOUNCEMENT:

### Potential COVID-19 Exposure in Sturgeon Lake First Nation

**Wednesday, December 30, 2020 14:00HRS**

Northern Inter-Tribal Health Authority (NITHA) public health officials are notifying the public that individuals who tested COVID-19 positive attended wake/funeral events in Sturgeon Lake First Nation during the following times when they were likely infectious:

- Wake, December 26-27, 2020
- Funeral, December 28, 2020

Public health officials are advising individuals who were at the event during the specified dates and times listed above to immediately **self-isolate** if they have had or currently have symptoms of COVID-19 and to call HealthLine 811 or their community health clinic to arrange for assessment and testing.

All other individuals who are not experiencing symptoms should self-monitor for 14 days from the date of last exposure. It is important to note that individuals may develop symptoms from two to 14 days following exposure to the virus that causes COVID-19.

Symptoms of COVID-19 can vary from person to person. Symptoms may also vary in different age groups. Some of the more commonly reported symptoms include:

- new or worsening cough
- shortness of breath or difficulty breathing
- temperature equal to or over 38°C
- feeling feverish
- chills
- fatigue or weakness
- muscle or body aches
- new loss of smell or taste
- headache
- gastrointestinal symptoms (abdominal pain, diarrhea, vomiting)
- feeling very unwell

For more information on self-monitoring and self-isolation, visit [saskatchewan.ca/COVID19](https://saskatchewan.ca/COVID19)

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