

Tobacco Use and Misuse

Do you know the difference?

Traditional Tobacco Use
Promotes...

Spirituality
Respect
Discipline
Cleansing
Prayer
Wisdom
Healing
Humility
Morals and Values
Dignity

Commercial Tobacco Misuse
Causes...

Cancer
Chronic Lung Disease
Asthma
Heart Disease
Reduced Fertility
Risk to the unborn baby
Impotence
Stroke
Sudden Infant Death Syndrome
Mortality



What our Elders say " Traditional Tobacco is used as an offering in prayers giving thanks to the creator for all his creation. It is in giving thanks for the creator's gifts and blessings that sustain us in all aspects of our daily lives. The use of commercial Tobacco for personal pleasures has done great harm to our health and wellbeing". Elder Rose and Mike Daniels, Elder Marilyn Morin

