



Dr. Ibrahim Khan
 Medical Health Officer
 Indigenous Services Canada
 Saskatchewan Region
 1783 Hamilton Street
 Regina, SK S4P 2B6
 Office: (306) 564-9175

Dr. Nnamdi Ndubuka
 Medical Health Officer
 Northern Inter-Tribal Health Authority
 Chief Joseph Custer I.R. #201
 Peter Ballantyne Cree Nation Office Complex
 Prince Albert, SK. S6V 6Z1
 Office: (306) 953-500

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ATTN: First Nations Community Members in Saskatchewan

Second doses will soon be available to everyone in First Nations communities as long as the minimum time has passed between doses. Watch for clinic info!

The minimum time is 3 weeks for Pfizer and 4 weeks for Moderna, AstraZeneca.

We recommend every community member 12+ become fully vaccinated quickly.

Real world data shows that people who get a second dose are highly protected:

- Most fully vaccinated people have at least **95% protection** from COVID-19 and life-threatening illness.
- If you are **age 70+** or have **health problems**, a second dose doubles your protection.
- Two doses protect you from variants of concern, including the serious Delta variant.

If 14 days passed after your second dose, you will be considered fully vaccinated and:

- you are much less likely to catch COVID-19 or pass it to others.
- **you won't have to self-isolate if you are a close contact** and asymptomatic
- you may be able to **cross the Canadian border more easily** in the near future.

We urge you not to wait. Get your first or second dose as soon as possible. Many more First Nations residents need to become fully vaccinated to “stick it to COVID” this summer.

Dr. Ibrahim Khan, Medical Health Officer
 Indigenous Services Canada, SK Region

Dr. Nnamdi Ndubuka, Medical Health Officer
 Northern Inter-Tribal Health Authority Inc.