



Northern Inter-Tribal Health Authority Inc.



PUBLIC SERVICE ANNOUNCEMENT:

COVID-19 Outbreak Declaration for Buffalo River Dene Nation and Potential Exposure at Multiple Community Gatherings

Friday, January 22, 2021 12:00HRS

Northern Inter-Tribal Health Authority (NITHA) public health officials have declared an outbreak of coronavirus (COVID-19) in the community of Buffalo River Dene Nation following an increasing number of confirmed cases linked to multiple community gatherings. Contact tracing investigation is underway.

Buffalo River Health team is working with Meadow Lake Tribal Council and NITHA to contain the outbreak. At this time, prevention remains the best way to protect yourself. These include wearing face masks, maintaining 2 meters physical distancing, washing your hands, staying home if sick, and following the public health guidelines.

It is important to note that individuals may develop symptoms from two to 14 days following exposure to the virus that causes COVID-19. Symptoms of COVID-19 can vary from person to person. Symptoms may also vary in different age groups. Some of the more commonly reported symptoms include:

- new or worsening cough
- shortness of breath or difficulty breathing
- temperature equal to or over 38°C
- feeling feverish
- chills
- fatigue or weakness
- muscle or body aches
- new loss of smell or taste
- headache
- gastrointestinal symptoms (abdominal pain, diarrhea, vomiting)
- feeling very unwell

For more information on self-monitoring and self-isolation, visit saskatchewan.ca/COVID19

-30-

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