



**For more information or to get a diagnosis,
contact the health centre in your community.**

Chlamydia



How to Contact NITHA

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What is Chlamydia?

- Chlamydia is an infection caused by a germ that is transferred to another through sex.
- Chlamydia is a sexually transmitted infection (STI).

How do you get Chlamydia?

- You can get Chlamydia by having sex with someone who has Chlamydia.
- ‘Having sex’ means vaginal, oral or anal sex.
- A pregnant woman with Chlamydia can pass the germ to the baby during pregnancy or childbirth.

Who is greatest risk?

- Those who have sex with a person with Chlamydia.
- Those who engage with new and anonymous sexual partner.
- Those who engage in unprotected sex with multiple partners.
- Those who have had previous history of STI.

What are the signs and symptoms of Chlamydia?

- Most people who have Chlamydia don’t know they have it. There may be no signs or symptoms.
- Males may have pain or burning sensation when peeing, or discharge from the penis.

- Females may have unusual or increased vaginal discharge, have pain during sex, pain or burning when peeing, or pelvic pain.

What are long term complications of Chlamydia?

- In females, if not treated, Chlamydia may lead to chronic pelvic pain, tubal pregnancy, or infertility (not able to have babies). Men can have swelling in their genitals, which can cause infertility (not being able to be a father).

How is Chlamydia treated?

- Chlamydia can be treated easily with antibiotics that you can get from the nurse, nurse practitioner or doctor at the health center or STI clinic. Your sexual partner(s) must also be tested and treated.
- Chlamydia can be passed on until treatment is received and completed.

How is Chlamydia prevented?

- Not engaging in oral, vaginal, or anal sex.
- Use condoms for every sexual encounter (including anal and oral sex).
- Have sex with only one partner who has been tested and free of STI. Limit the number of sexual partners you have.
- Get tested regularly: once a year for sexually active youth or when you get a new partner.